

Utilization Management Program List

Solution	Description
Formulary Management	<i>Advantage Formulary</i> , designed specifically to work in concert with our Formulary Advantage step therapy and educational program to help drive the client's best lowest net cost strategy.
Prior Authorization	Ensures the appropriate use of certain prescription medications, such as higher cost biologic therapies prior to the claim being approved. Requests for these medications are reviewed by highly-trained Catamaran clinical staff prior to coverage approval. Physicians are able to enter prior authorization criteria in a convenient provider-oriented portal.
Quantity Management	Catamaran's program confirms that prescribed quantities are in compliance with clinical guidelines, ensures appropriate utilization and avoids the potential misuse and abuse of medications. Clients may elect their preferences from the Catamaran standards.
Formulary Advantage	Strategic formulary management program targets high-volume non-preferred medications within certain drug classes and encourages the selection of clinically effective, lower-cost options. Extensive member education is provided during the transition period which leads to successful outcomes for both the member and plan.

<p>Medication Therapy Management (MTM)</p>	<p><u>Daily</u> qualification processes, medication evaluation and intervention for the high-risk/high-cost population to optimize drug therapy, improve member health and reduce the payor's pharmacy and total healthcare costs.</p> <p>Catamaran's RDUR and MTM programs provide a holistic population management approach, with MTM providing intensive support for high-risk/high-cost chronic patients, and RDUR working on a daily basis to keep members from migrating into this high-risk/high-cost category.</p>
<p>RetroDUR</p>	<p>Advanced analytics conduct <u>daily</u> medication evaluation of every claim for all members to alert prescribers and pharmacies to potentially severe drug therapy issues.</p> <p>Catamaran's RDUR and MTM programs provide a holistic population management approach, with MTM providing intensive support for high-risk/high-cost chronic patients, and RDUR working on a daily basis to keep members from migrating into this high-risk/high-cost category.</p>
<p>Level 3 RetroDUR</p>	<p>Catamaran's Level 3 RetroDUR program assists the EGWP plan with CMS guideline compliance by providing intensive case management for overutilization of narcotic medications.</p>
<p>Concurrent DUR</p>	<p>Program identifies clinical issues such as drug- drug interactions, high/low dose, ingredient duplication, age and gender interactions, and drug-pregnancy concerns. Clinical issues are relayed to the adjudicating pharmacy via system messaging.</p> <p>New Therapeutic Dose Limit logic is in place to assist Medicare plans with complying to CMS's latest guidance.</p>



<p>STAR Consultation and Intervention Program</p>	<p>A comprehensive flexible STAR ratings support program that positions our clients to achieve top-level results in the key PBM-delegated STAR rating categories. Offering execution plans for call center, coverage determinations, price file and PDE operations, as well as clinical programs (integrated outreach, adherence support, detailing, POS solutions, and comprehensive reporting and analytics), all of which are tailored specifically to our clients' goals.</p>
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