

Peer Recovery Support Program

The road to recovery is not always easy. It is a continuous process of maintenance, support and structure. Being able to connect with others in sobriety is an essential component of the recovery journey.

We understand that recovery is a team effort. That's why State Health Plan members have access to peer support during treatment and recovery for substance use at no member cost. This service is available through Companion Benefit Alternatives, (CBA) partnership with MAP Care Solutions.

Peer recovery support specialists will provide support and guidance for individuals and their families during the first 12 months of their journey. MAP's recovery support specialists are nationally certified and have personal experience with addiction and recovery.

Support sessions

Through ongoing support sessions, your matched peer specialist can help you plan and navigate needs like housing, transportation, employment and life skills. You will receive two to four sessions per month via telehealth with your dedicated specialist. You will also have access to a support line that is available 24/7. All sessions are completely confidential.

The first year is critical to reaching long-term recovery. You don't have to worry about getting through these challenging times alone. The peer support program is designed to provide customized support to help you achieve your personal recovery goals.

Success in sustaining recovery after treatment can be higher when peer support is added to a collaborative and proactive treatment plan.



Your privacy

CBA will handle each case with sensitivity and confidentiality. State Health Plan member information is kept strictly confidential.

Your decision to participate will not affect your health insurance benefits in any way. You can opt out at any time if you decide the program is not for you.

If you would like to enroll in the Peer Recovery Support Program, call 800.868.1032, ext. 25835 or email CBARecovery@companiongroup.com.

